



SAILING INSTRUCTIONS for RCYC CLUB SAILING

Effective from 01 July 2017 to 30 June 2018

The notation '[DP]' in a rule in the SI means that the penalty for a breach of that rule may, at the discretion of the protest committee, be less than disqualification.

1. ORGANISING AUTHORITY

The RCYC Club Sailing is organised by the Royal Cape Yacht Club.

2. RULES

2.1 The races will be governed by the rules as defined in *The Racing Rules of Sailing*.

2.2 The following rules will also apply:

2.2.1 IMS Rule

2.2.2 ORC Rating Systems Rule

2.3 No national authority prescription will apply.

2.4 Racing Rule 52 is changed to allow powered winches, if this is declared and taken into account by the boat's handicap.

2.5 Racing Rule 52 is further changed during the Double Handed Series to also allow autopilots and self-steering equipment.

3. NOTICES TO COMPETITORS

Notices to the competitors will be posted on the official notice board located in the foyer of RCYC. They may also be posted on the club website.

4. CHANGES TO SAILING INSTRUCTIONS

Any change to the sailing instructions will be posted not later than 09h00 on the day it will take effect, except that any change to the schedule of races will be posted by 20h00 on the day before it will take effect.

5. SIGNALS MADE ASHORE



5.1 Signals made ashore will be displayed at the mast in front of the club up until the race committee has left the clubhouse for the starting hut, and thereafter at the starting hut on the harbour wall.

5.2 When flag AP is displayed ashore at the mast in front of the club '1 minute' is replaced with 'not less than 45 minutes' in the race signal AP.

6. SCHEDULE OF RACES

6.1 The full schedule is detailed in Appendix A.

6.2 The races that comprise the Club Championships are detailed in Appendix B.

7. CLASS FLAGS

The Class flags will be:

FLAG	ALL RACES (except Twilight)	TWILIGHT RACING
Numeral Pennant No 1	Class A	Class A, B and C spinnaker
Numeral Pennant No 2	Class B	Class A non-spinnaker
Numeral Pennant No 3	Class C	Class B non-spinnaker
Numeral Pennant No 4	Class D	Class C non-spinnaker
Numeral Pennant No 5	One Design Division Racing	Cruising & Catamaran (Texel Rating) Division

8. RACING AREAS

The races will be sailed in and around Table Bay. The West Coast Offshore Race and the Mykonos Offshore Race will be sailed up the West Coast from Table Bay.



9. THE COURSES

The courses may be posted on the club noticeboard up to 60 minutes before the scheduled start of a race. The courses will be announced at least 20 minutes before the start of any race on VHF Channel 06.

10. MARKS

The marks may be any of, or a combination of, harbour buoys, RCYC permanent marks and yellow, orange and red inflatable buoys. The approximate GPS positions of the harbour marks and RCYC permanent marks are available in Appendix C.

11. THE START

11.1 Races will be started in the following Class order: Class A, Class B, Class C, Class D. The Warning signal of the following class will be displayed at the earliest at the starting signal for the previous class, and may also be given while other classes are still racing.

11.2 Boats whose warning signal has not been made shall avoid the starting area during the starting sequence for other races. [DP]

11.3 Racing Rules A4 and A5 are changed so that a boat that does not start within ten minutes after her starting signal will be scored Did Not Start without a hearing.

11.4 During the Twilight series a boat, which is late for the start, may motor after the preparatory signal provided that the boat completes a single penalty turn after switching off her motor and before starting.

11.5 After signalling an individual recall, the race committee will attempt to broadcast the sail number or name of the boat that has not started and is identified as OCS on VHF channel 06. Delay in the radio broadcast of these calls, or the order in which they are made, or any omission or failure in the emission or reception of these, will not be grounds for a request for redress by the boat. This changes RRS 60.1(b).

12. THE FINISH

It is possible that when finishing, the race committee may not see or record your finish (owing to fog, poor light, or time limit having expired). In this case you can cross the finish



line and take your own time, report it to the bridge on VHF Channel 06, as well as other competitors still sailing. This time must also be handed in at the Sailing Office. You may be required to substantiate this with a GPS reading.

13. SHORTENING COURSE

Races may also be shortened, by an announcement on the designated VHF channel, and the flying of the "S" flag at the Bridge Hut with the appropriate sound signal.

14. TIME LIMITS

14.1 If in the opinion of the Race Officer the leading yacht in any race has not maintained or is not likely to attain an average speed of 2 knots, the race may be abandoned.

14.2 Although there is no time limit for a race the race committee may announce on VHF radio channel 06 that it will no longer man the finish line, and that boats still racing should take their own finish time. In that event a boat shall take her finish time when she crosses the finish line, forthwith broadcast her name and finish time on VHF channel 6, inform the race committee of her finish time and keep a record of her GPS track when finishing.

14.3 The bridge time limit for Twilight Racing is 20h00.

14.4 If more than one race is scheduled on the day, the Race Committee may impose a time limit. For each class the time will be the elapsed time of the first boat in her class that sails the course and finishes multiplied by 1.4 (Elapsed x 1.4).

15. DIVISIONS/CLASSES

Division	ORC CDL rating
Class A	10 and higher
Class B	7,850 to 9,999
Class C	Lower than 7,850



DOUBLE HANDED SERIES

Division	ORC CDL rating
Class A	8,500 and higher
Class B	Lower than 8,500

Classes will have separate starts and separate results.

16. PENALTY SYSTEMS

16.1 RRS 44.1 will be changed so that the penalty for a boat breaking a rule in Part 2 shall be a One-Turn Penalty (1 tack and 1 gybe) and not a Two-Turn.

17. PROTESTS AND REQUESTS FOR REDRESS

17.1 In addition to complying with RRS 61, a protesting boat shall inform the Race Committee of her intention to protest and the identity of the protested boat(s) as soon as possible after finishing or retiring.

17.2 Protest forms are available at reception in the RCYC foyer. Protests shall be submitted within the protest time limit and handed in at the Sailing Office or Club Reception.

17.3 The protest time limit for each class is 90 minutes after the last boat of each class has finished the last race of the day.

17.4 Notices will be posted within 30 minutes of the protest time limit to inform competitors of hearings in which they are parties or named as witnesses.

17.5 Notices of protests by the race committee will be conveyed, or posted, to inform boats under rule 61.1(b).

17.6 For the purpose of rule 64.3 (b) the 'authority responsible' is a measurer appointed by the organizing authority or if not appointed, a Measurer appointed by the Protest Committee.

17.7 In the case of twilight racing, the protest hearing will not be heard on the evening of the incident, a date will be set aside within seven days of the incident.

18. SCORING



18.1 Race results will be determined by corrected times using the ORC Coastal Time on Time number.

18.2 When four or fewer races have been completed, a boat's series score will be the total of her race scores. When five or more races have been completed, a boat's series score will be the total of her race scores excluding the worst score. When seven or more races have been completed, a boat's series score will be the total of her race scores excluding the two worst scores.

18.3 Boats without clearly displayed Sail Numbers will not be scored. [DP]

18.4 One Design Classes, including IRC, having more than 5 entries, will score a result.

18.5 For the Lufthansa Twilight Series, Non-Spinnaker divisions will be scored on ORC's Non Spin OSN ToT.

19. SAFETY REGULATIONS

19.1 All skippers shall have valid skipper's certificates and proof of this shall be provided to the sailing office.

19.2 A boat that retires from a race shall notify the race committee as soon as possible. [DP]

19.3 For the West Coast Overnight Race and the Mykonos Offshore Race, the rules of Part 2 of the RRS will cease to govern, and the International Regulations for the Prevention of Collision at Sea will apply.

19.4 No boat may participate in any race with an anchor positioned on the bow. The anchor should be stowed in the anchor locker or another locker or below decks

20. EVENT ADVERTISING

Boats shall display event advertising, if supplied, in the manner described by the organizing authority in a notice that will be issued by 18h00 the day before a race. If this rule is broken, World Sailing Regulation 20.9.2 applies. [DP]

21. RADIO COMMUNICATION

21.1 Radio communication with Race Committee during the regatta will be on VHF channel **06**. The Race Committee may give verbal confirmation of any race signal over VHF



Channel **06**. Failure to make a broadcast or to time it accurately will not not be grounds for request for redress by the boat. This changes RRS 60.1(b).

21.2 Except in an emergency, a boat that is racing shall not make voice or data transmissions and shall not receive voice or data communication that is not available to all boats. This changes RRS 41. [DP]

22. PRIZES

Prizes will be awarded in each event and there will be medals for those boats that place first, second and third in each division for the Club Championships.

23. DISCLAIMER OF LIABILITY

Competitors participate in the regatta entirely at their own risk. See RRS 4, Decision to Race. The organizing authority will not accept any liability for material damage or personal injury or death sustained in conjunction with or prior to, during, or after the regatta.

24. INSURANCE

Each participating boat shall be insured with valid third-party liability insurance with a minimum cover of R5 million.

SAILING INSTRUCTIONS 2017/18


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APPENDIX A


Royal Cape Yacht Club Sailing Calendar - 2017/18									
July 2017 - December 2017									
	July 2017	August 2017	September 2017	October 2017	November 2017	December 2017			
FRI	1		1						1
SAT	2		2						2
SUN	3		3						3
MON	4		4						4
TUE	5	1	5						5
WED	6	2	6						6
THU	7	3	7						7
FRI	8	4	8						8
SAT	9	Ladies Race	Club Series 3	Opening Cruise		Possible Italian Amb Race			9
SUN	10	6	10						10
MON	11	7	11						11
TUE	12	8	12						12
WED	13	9	Women's Day Cruise						13
THU	14	10							14
FRI	15	11							15
SAT	16	Seaport Fishing Cruise	Club Series 2 L26 Provincials	FBYC Spring Regatta	Harken RRI Race	Double Handed Race 5			16
SUN	17	13	L26 Provincials	FBYC Spring Regatta					17
MON	18	14							18
TUE	19	15							19
WED	20	16							20
THU	21	17							21
FRI	22	Lipton Entries Close	Lipton	FBYC Mossel Bay Race start	RISKAFRICA Boat Show				22
SAT	23	Club Series 1	Lipton	Pinto Russell Rally	RISKAFRICA Boat Show				23
SUN	24	20	Lipton						24
MON	25	21	Lipton	Heritage Day					25
TUE	26	22	Lipton						26
WED	27	23	Lipton						27
THU	28	24	Lipton						28
FRI	29	25	Lipton						29
SAT	30	Double Handed Race 1	Double Handed Race 2	Double Handed Race 3	Double Handed Race 4	West Coast Offshore			30
SUN	31	27				West Coast Offshore			31
MON		28				Volvo Boats due in			
TUE		29							
WED		30							
THU		31							

- Main Regattas
- Offshore Events
- Club Cruising Events
- Club Series
- Fun PR Events
- Double Handed Series
- Weekends & Public Holidays



Royal Cape Yacht Club Sailing Calendar - 2017/18												
January 2018 - June 2018												
DAY	DATE	JANUARY 2018	DATE	FEBRUARY 2018	DATE	MARCH 2018	DATE	APRIL 2018	DATE	MAY 2018	DATE	JUNE 2018
THU			1		1							1
FRI			2		2							2
SAT			3	Double Handed Race 06	3							3
SUN			4		4							4
MON	1	New Year's Day	5		5							5
TUE	2		6		6							6
WED	3		7	Lufthansa Twilight 4	7	Lufthansa Twilight 7						7
THU	4		8		8							8
FRI	5		9	Mykonos Offshore	9							9
SAT	6		10	Mykonos Offshore	10	Double Handed Race 07	Seniors Pursuit Race	Club Summer Series 4				10
SUN	7		11		11	CT Cycle Tour						11
MON	8		12		12							12
TUE	9		13		13							13
WED	10		14		14	Twilight 8 & Prize Giving						14
THU	11		15		15							15
FRI	12		16		16							16
SAT	13	Harken RRI	17	Saldanha Bay Raid	17	Fin de la Saison Flag Officers	Club Summer Series 3					17
SUN	14		18	Cape 31 Regatta	18	Fin de la Saison						18
MON	15		19	Cape 31 Regatta	19							19
TUE	16		20		20							20
WED	17	Lufthansa Twilight 1	21	Lufthansa Twilight 5	21							21
THU	18		22		22							22
FRI	19		23		23							23
SAT	20	Double Handed Race 05	24	Fling Regatta	24	Club Series 2						24
SUN	21	Cape 31 Regatta	25	Fling Regatta	25							25
MON	22	Cape 31 Regatta	26		26							26
TUE	23		27		27							27
WED	24	Lufthansa Twilight 2	28	Lufthansa Twilight 6	28							28
THU	25		29		29							29
FRI	26		30		30							30
SAT	27	Club Summer Series 1	31		31							31
SUN	28											
MON	29											
TUE	30											
WED	31	Lufthansa Twilight 3										
THU												

- Main Regattas
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**APPENDIX B – Club Championships Race Schedule**

Club Winter Series	Date	Start time
Race 1	22 July 2017	13h00
Race 2	12 August 2017	13h00
Race 3	9 September 2017	13h00
Harken RRI (pursuit start)	14 October 2017	First boat at 11h00
Lufthansa Twilight Series (Community Chest)		All Twilight races will start at the following times: Class A at 17h55 Class B at 18h00 Class C at 18h05 Cats and Cruisers at 18h10
Race 1	11 October 2017	
Race 2	18 October 2017	
Race 3	25 October 2017	
Race4	1 November 2017	
Race 5	8 November 2017	
Race 6	15 November 2017	



Race 7	22 November 2017	
Race 8	29 November 2017	
Fun Twilight and Prize Giving	6 December 2017	
West Coast Offshore Race	24/25 November 2017	Class A at 15h00, Class B at 12h00 on 24 November 2017
Harken RRI	13 January 2018	11h00
Lufthansa Twilight Series (NSRI)		All Twilight races will start at the following times: Class A, B and C spinnaker at 17h55 Class A non-spinnaker at 18h00 Class B 2 non-spinnaker at 18h05 Class C non-spinnaker at 18h10 Cats and Cruisers at 18h15
Race 1	17 January 2018	
Race 2	24 January 2018	
Race 3	31 January 2018	
Race 4	7 February 2018	
Race 5	21 February 2018	
Race 6	28 February 2018	



Race 7	8 March 2018	
Race 8 and prize giving	14 March 2018	
Krone Summer Series		
Race 1	27 January 2018	13h00
Race 2	24 March 2018	13h00
Race 3	14 April 2018	13h00
Race 4	5 May 2018	13h00