

Cape 31 One Design Regatta

Presented by:

Worldsport Sailing

Waterford Wine Estate

Sail & Leisure

*An official event of the Volvo Ocean Race Cape Town Stopover
2nd to 3rd December 2017*

SAILING INSTRUCTIONS

1. ORGANISING AUTHORITY

- 1.1. Royal Cape Yacht Club, in conjunction with the Victoria & Alfred Waterfront under the sanction and authority of South African Sailing

2. RULES

- 2.1. The regatta will be governed by the rules as defined in the Racing Rules of Sailing.
- 2.2. Boats participating in this regatta shall conform to the Equipment Rules of Sailing and the SAS/SAMSA Safety Regulations, minimum Category D.
- 2.3. RRS Rule 44.1 is changed so that the Two-Turns Penalty is replaced by a One-Turn Penalty
- 2.4. In amendment 2 of the Notice of Race, Clause 4.1 stipulates: "The allowable maximum weight of the crew, dressed in swimwear is 595 kilograms." Crews may weigh in at the Sailing Pavilion, Jetty 2 Victoria & Alfred Waterfront, from 08h00 on Saturday 2nd December.
- 2.5. If a crew fails to weigh in, or weighs more than 595 Kgs, one point will be added to their score in each race. This changes Rule A4.

3. NOTICE BOARD

- 3.1. The official Regatta Notice Board will be at the Sailing Pavilion.

4. CHANGES TO SAILING INSTRUCTIONS

- 4.1. Any change to the sailing instructions will be posted before 09h00 on the day it will take effect, except that any change to the schedule of races will be posted by 19h00 on the day before it will take effect.

5. SIGNALS MADE ASHORE

- 5.1. These signals will be displayed on a flag pole on Quay 6 at the jetty entrance to the Volvo Ocean Race marina - Victoria Alfred Waterfront.
- 5.2. When flag AP is displayed ashore, "1 minute" is replaced with "not less than forty five minutes" in the race signal AP.

6. SCHEDULE OF RACES

Dates of racing:

<i>Date</i>	<i>Time</i>	<i>Format</i>	<i>Venue</i>
2 nd Dec	12h00	Round the buoys	Table Bay
3 rd Dec	12h00	Round the buoys	Table Bay

- 6.1. Number of races: Maximum of 10 races. The scheduled time of the warning signal for the first race on the first day is 11h55.
- 6.2. On the last day of racing (8th November) no warning signal will be made after 15h00.

7. RACING AREA

- 7.1. Racing will take place in Table Bay and surrounds, including the Atlantic Seaboard.

8. COURSES

- 8.1. Start - B(S) – A(Gate) – C(P) – A(Gate) – C(P) - B(S) – Finish.
- 8.2. Shortening Course – RRS 32.2 is replaced by: If the Race Committee signals a shortened course (displays flag S with two sounds) as the leading boat approaches (1) the Gate, then pass through the gate, round B to port & proceed to the finish, or (2) Mark C, then round C to port, then round B to starboard & proceed to the finish.

9. START

- 9.1. Races will be started by using RRS Rule 26.
- 9.2. The start line: A line between the flagstaff/mast displaying a RCYC Burgee on the designated committee boat, and a nearby inflatable mark or small buoy.
- 9.3. RRS 29.1 is replaced with: When at the starting signal any part of a boat's hull, crew or equipment is on the course side of the starting line, the race committee shall promptly display flag X with one sound signal. The infringing boat or boats will be identified over the radio. Each infringing boat must promptly slow down by easing sails until informed by the race committee over the radio that she may continue racing.
- 9.4. A boat starting later than 4 minutes after her starting signal will be scored Did Not Start. This changes RRS A4 and A5.

10. SCORING

- 10.1. One race is required to be completed to constitute a series.
- 10.2. When fewer than 5 races have been completed, a boat's series score will be the total of her race scores.
- 10.3. When from 5 to 8 races have been completed, a boat's series score will be the total of her race scores excluding her worst score.
- 10.4. When 9 or 10 races have been completed, a boat's series score will be the total of her race scores excluding her two worst scores.

11. SAFETY

- 11.1. Yachts shall comply with their SAS/SAMSA "COF" and safety requirements. Minimum of Category D.

12. SUPPORT BOATS

- 12.1. Coach or individual support boats shall remain no less than 50m from boats racing between the Preparatory Signal and the last competitor finishing the race.

13. RADIO COMMUNICATION

- 13.1. Except in an emergency, a boat that is racing shall not make voice or data transmissions or receive voice or data communication that is not available to all boats.
- 13.2. The Royal Cape Bridge will be communicating on VHF Channel 06.

14. PRIZES

- 14.1. Prizes will be given to the top three boats.
- 14.2. Other prizes may be awarded at the discretion of the Organizing Committee.
- 14.3. Prize giving will be held at the Royal Cape Yacht Club - 18h00 on Sunday 3rd December 2017.

15. DISCLAIMER OF LIABILITY

- 15.1. Competitors participate in the regatta entirely at their own risk. See RRS 4, Decision to Race. Neither the Organizing Authority nor its officials or other persons associated with the organization of the event will accept any liability for material damage or personal injury or death sustained in conjunction with or prior to, during, or after the regatta.

16. FURTHER INFORMATION

For further information please contact:
The Regatta Secretary, RCYC
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