

SAILING INSTRUCTIONS for RCYC CLUB SAILING

Effective from 01 July 2018 to 30 June 2019

The notation '[DP]' in a rule in the SI means that the penalty for a breach of that rule may, at the discretion of the protest committee, be less than disqualification.

1. RULES

- 1.1 The races will be governed by the rules as defined in *The Racing Rules of Sailing*.
- 1.2 Racing Rule 52 is changed to allow powered winches, provided this is declared on the boats rating certificate.
- 1.3 Racing Rule 52 is further changed during the Double Handed Series to also allow autopilots and self-steering equipment.
- 1.4 The Cape 31 class boats shall comply with both their class rules and with ORC rules.

2. NOTICES TO COMPETITORS

Notices to the competitors will be posted on the official notice board located in the foyer of RCYC. They may also be posted on the club website.

3. CHANGES TO SAILING INSTRUCTIONS

Any change to the sailing instructions will be posted before 09h00 on the day it will take effect, except that any change to the schedule of races will be posted by 20h00 on the day before it will take effect.

4. SIGNALS MADE ASHORE

Signals made ashore will be displayed at the mast in front of the club up until the race committee has left the clubhouse for the starting hut, and thereafter at the starting hut on the harbour wall or on the mast on the committee boat."






- 4.1 When flag AP is displayed ashore at the mast in front of the club '1 minute' is replaced with 'not less than 45 minutes' in the race signal AP.

5. SCHEDULE OF RACES

- 5.1 The full schedule is detailed in Appendix A.
- 5.2 The races that comprise the 13 races in the Club Championships are detailed in Appendix B.

6. CLASS FLAGS

Class flags for Club racing will be:

FLAG	ALL RACES (except Twilight)	TWILIGHT RACING	Twilight Racing Start Time
Numeral Pennant No 1 	ORC Class A	ORC Class A and B spinnaker	17h55
Numeral Pennant No 2 	ORC Class B	ORC Class A and B non- spinnaker	18h05
Numeral Pennant No 3 	ORC Class C	ORC Class C spinnaker and non-spinnaker	18h10
Numeral Pennant No 4 	Cruising and Catamaran Division	Cruising & Catamaran Division	18h15
Numeral Pennant No 5 	One Design Division Racing	Cape 31 Class	

7. RACING AREAS

The races will be sailed in and around Table Bay. The West Coast Offshore Race and the Mykonos Offshore Race will be sailed up the West Coast from Table Bay.

8. THE COURSES

The courses may be posted on the club noticeboard up to 60 minutes before the scheduled start of a race. The courses will be announced at least 20 minutes before the start of any race on VHF Channel 06.

It is the intention of the race committee to also distribute the courses via a WhatsApp group. Skippers need to supply the Sailing Office with one or more cell numbers for their boat to be used for the WhatsApp distribution.

9. MARKS

The marks may be any of, or a combination of, harbour buoys, RCYC permanent marks and yellow, orange and red inflatable buoys. The approximate GPS positions of the harbour marks and RCYC permanent marks are available in Appendix C.

10. THE START

10.1 Boats whose warning signal has not been made shall avoid the starting area during the starting sequence for other races. [DP]

10.2 Racing Rules A4 and A5 are changed so that a boat that does not start within ten minutes after her starting signal will be scored Did Not Start without a hearing.

10.3 During the Twilight series a boat, which is late for the start, may motor after the preparatory signal provided that the boat completes a single penalty turn after switching off her motor and before starting.

11. THE FINISH

It is possible that when finishing, the race committee may not see or record your finish (owing to fog, poor light, or time limit having expired). In this case you can cross the finish line and take your own time, report it to the bridge on VHF Channel 06, as well as other competitors still sailing. This time must also be sent to the Sailing Office. You may be required to substantiate this with a GPS reading.

12. TIME LIMITS

12.1 If in the opinion of the Race Officer the leading yacht in any race has not maintained or is not likely to attain an average speed of 2 knots, the race may be abandoned.

12.2 Although there is no time limit for a race, the race committee may announce on VHF radio channel 06 that it will no longer man the finish line, and that boats still racing should take their own finish time. In that event a boat shall take her finish time when she crosses the finish line, forthwith broadcast her name and finish time on VHF channel 6, inform the race committee of her finish time and keep a record of her GPS track when finishing.

12.3 The bridge time limit for Twilight Racing is 20h00.

13. CLASSES

Class	ORC CDL rating
Class A	10.0 and higher
Class B	8.100 to 9.999
Class C	8.099 and lower

14. PROTESTS AND REQUESTS FOR REDRESS

14.1 Protest forms are available at reception in the RCYC foyer. Protests shall be submitted within the protest time limit and handed in at the Sailing Office or Club Reception.

14.2 The protest time limit for each class is 90 minutes after the last boat of each class has finished the last race of the day.

14.3 Notices will be posted within 30 minutes of the protest time limit to inform competitors of hearings in which they are parties or named as witnesses. In the case of Twilight Racing only, competitors will be notified about hearings by email within 72 hours.

14.4 Notices of protests by the race committee will be conveyed, or posted, to inform boats under rule 61.1(b).

14.5 For the purpose of rule 64.3 (b) the 'authority responsible' is a measurer appointed by the organizing authority or if not appointed, a Measurer appointed by the Protest Committee.

14.6 In the case of twilight racing, the protest hearing will not be heard on the evening of the incident, a date will be set aside within seven days of the incident.

15. SCORING

- 15.1 When four or fewer races have been completed, a boat's series score will be the total of her race scores. When five or more races have been completed, a boat's series score will be the total of her race scores excluding the worst score. When seven or more races have been completed, a boat's series score will be the total of her race scores excluding the two worst scores.
- 15.2 The Club Championships will comprise 13 races described in Appendix B. When four or fewer races have been completed, a boat's series score will be the total of her race scores. When five or more races have been completed, a boat's series score will be the total of her race scores excluding the worst score. When eight or more races have been completed, a boat's series score will be the total of her race scores excluding the two worst scores. When eleven or more races have been completed, a boat's series score will be the total of her race scores excluding the three worst scores.
- 15.3 One Design Classes, including IRC, having more than 5 entries, will score a result.
- 15.4 For the Lufthansa Twilight Series, non-spinnaker classes will be scored using ORC's Non Spin OSN ToT rating.

16. SAFETY REGULATIONS

- 16.1 A boat that retires from a race shall notify the race committee as soon as possible. [DP]
- 16.2 For the West Coast Overnight Race and the Mykonos Offshore Race, the rules of Part 2 of the RRS will cease to govern, and the International Regulations for the Prevention of Collision at Sea will apply from sunset to sunrise.
- 16.3 All crew must wear a recognised PFD when taking part in Double-Handed races.

17. EVENT ADVERTISING

Boats shall display event advertising, if supplied, in the manner described by the organizing authority in a notice that will be issued by 18h00 the day before a race. If this rule is broken, World Sailing Regulation 20.9.2 applies. [DP]

18. PRIZES

Prizes will be awarded in each event and there will be medals for those boats that place first, second and third in each division for the Club Championships.

19. DISCLAIMER OF LIABILITY

Competitors participate in the regatta entirely at their own risk. See RRS 4, Decision to Race. The organising authority will not accept any liability for material damage or personal injury or death sustained in conjunction with or prior to, during, or after the regatta.

20. INSURANCE

Each participating boat shall be insured with valid third-party liability insurance with a minimum cover of R5 million.

Royal Cape Yacht Club

Sailing Calendar - 2018/19

January 2018 - June 2019



DAY	DATE	JANUARY 2018	FEBRUARY 2018	MARCH 2018	APRIL 2018	MAY 2018	JUNE 2018
THU							
FRI							
SAT	1		Flag Regatta				
SUN	2		Flag Regatta	Saldanha Bay Raid			1 Club Champs Prizegiving
MON	3		Flag Regatta				2
TUE	4	New Year's Day					3
WED	5						4
THU	6		Lufthansa Twilight 4	Lufthansa Twilight 8		Labour Day	5
FRI	7						6
SAT	8						7
SUN	9		Cape 31 Regatta	Double Handed Race 3	Seniors Pursuit Race	Club Summer & C31 Series 4	8 Portugal Day Race
MON	10		Cape 31 Regatta				9
TUE	11						10
WED	12						11
THU	13		Lufthansa Twilight 6	Flag Officers Twilight & Lufthansa Prize Giving			12
FRI	14						13
SAT	15						14
SUN	16	Hobart RR	Double Handed Race 2	Club Summer & C31 Series 2	Club Summer & C31 Series 3	Open Course Racing	15 Youth Regatta
MON	17						16 Youth Regatta
TUE	18						17
WED	19						18
THU	20		Lufthansa Twilight 8				19
FRI	21			Prize Raffle			20
SAT	22		Mykonos Offshore	Human Rights Day	Good Friday		21
SUN	23	Double Handed Race 1	Mykonos Offshore			Hout Bay Raid	22 Open Course Racing
MON	24					Hout Bay Raid	23
TUE	25						24
WED	26						25
THU	27		Lufthansa Twilight 7				26
FRI	28						27
SAT	29			Double Handed Race 4	Freedom Day	Fin de la Saison	28
SUN	30			Prizegiving			29 AGM
MON	31						30
TUE							31
WED							
THU							
FRI							



TwilightSeries



















APPENDIX B – Club Championships Race Schedule

Club Winter Series	Date	Start time
Race 1	21 July 2018	14h00
Race 2	11 August 2018	14h00
Race 3	1 September 2018	14h00
Race 4	3 November 2018	14h00
Harken RRI	12 January 2018	11h00
Summer Series		
Race 1	26 January 2019	14h00
Race 2	16 March 2019	14h00
Race 3	13 April 2019	14h00
Race 4	4 May 2019	14h00
Mykonos Offshore Races 1 to 3 only	22 February 2019	Class A at 09h00 Class B and C at 08h30 Multihull at 08h45
Fin de la Saison	25 May	14h00

APPENDIX C – Marks

