

Double Cape Race 2025

17 and 18 May 2025

The Organising Authority will be Royal Cape Yacht Club in conjunction with the False Bay Yacht Club.

SAILING INSTRUCTIONS

Version 2 dated 13 May 2025 – highlighted in yellow – NoR 4.2, 4.3.1, 4.3.2, 4.3.3, 5.1.1 & Annexure A has been amended

Version 3 dated 16 May 2025 – highlighted in cyan – NoR Annexure A has been amended

1. Communication with competitors

- 1.1 Notices will be posted on the Official Notice Board (ONB) which is the Double Cape Race WhatsApp Group, based on each boat's registered mobile phone number. Failure to receive a broadcast shall not be grounds for a request for redress. This changes RRS 61.1(a).
- 1.2 The link is available here: <https://chat.whatsapp.com/K4fRo9A8ke8CXDBPhjNuc3>
- 1.3 The VHF call sign for the race committee will be “*Double Cape Race Control*”.
- 1.4 On the water, the race committee intends to communicate with competitors on VHF Channel 06.

2. Changes to Sailing Instructions

Any change to the Sailing Instructions will be posted on the ONB at least 1 hour before the start.

3. The Start

- 3.1 The Warning Signal Flag for all starters will be the International Code Numeral One Pennant.
- 3.2 A boat that does not start within 20 minutes after the starting signal will be scored Did Not Start without a hearing. This changes RRS 35, A4 and A5.
- 3.3 The location of the starting line in Table Bay will be posted on the ONB and announced on VHF channel 06. The starting line will either be (a) between the mast displaying an orange flag at the RCYC bridge hut and the course side of No 10, or (b) between a staff displaying an orange flag on the Committee Boat and the course side of a nearby mark (either laid or fixed).
- 3.4 The location of the starting line in False Bay will be between a staff displaying an orange flag on the Committee Boat and the course side of Roman Rock Lighthouse.

4. The Course, Marks and Mark Rounding Times

- 4.1 Annexure A shows the course and coordinates of the two ‘midway’ rounding marks.

4.2 These rounding marks are the **Landfall** in Table Bay and the Roman Rock Lighthouse (“Simon’s Bay Mark”) in False Bay.

4.3 A boat’s rounding time for a mark will be the GPS time she crosses the following transits:

4.3.1 Cape Point: **A virtual** line running due south (true) from the lighthouse.

4.3.2 Roman Rock Lighthouse: **A virtual** line running due north (true) from the light house.

4.3.3 **Landfall: A virtual** line running due north (true) from the buoy.

5. **Finish**

5.1 The finish will be as follows:

5.1.1 For boats starting in Table Bay, the finish will be between **Landfall** and a line 100meters due north (true), leaving the mark to starboard.

5.1.2 For boats starting in Simons Bay, the finish will be between Roman Rock Lighthouse and a line 100meters due north (true), leaving the lighthouse to port.

6. **Reporting**

6.1 Each boat shall have onboard a VHF radio capable of transmitting on Channels 06, 14 and 16.

6.2 Each boat shall report the GPS time it rounds each mark via WhatsApp to 064 652 6316, as soon as reasonably possible.

6.3 All boats shall record their rounding time of the marks, as well as the name of the boat immediately ahead and/or immediately behind them if known.

6.4 Within one hour of finishing, each boat shall report via WhatsApp to the race committee on 064 652 6316 its boat name, rounding times of each mark, and finishing time.

6.5 Boats failing to comply with SI 6.2, 6.3 and 6.4 may be penalized in accordance with SI 8.

7. **Declarations**

Each skipper shall complete the prescribed declaration form and submit it, within 1 hour of finishing, either by email to sailadmin@rcyc.co.za, or by WhatsApp to 064 652 6316.

8. **Penalties**

8.1 At the discretion of the Protest Committee, a boat that has broken a rule may be penalised by time penalty in place of disqualification.

8.2 The race committee may, without a hearing, apply the following penalties to a boat's basic elapsed time (This changes RRS A5):

8.2.1 Late submission of required forms: 1.5%

8.2.2 Submission of incorrect information: 1 %

8.2.3 Breaches of SI 6.2, 6.3 and 6.4: 0.5% per failure to report.

9. Retirement

Any boat retiring from the race before the time limit shall report that fact to Race Control by WhatsApp to 064 6526316, as soon as reasonably possible after retiring.

10. Hearing requests

10.1 Hearing requests arising from the Race shall be lodged with the Race Secretary by email no later than two hours after the requesting boat finishes, retires or after the finishing time limit.

10.2 Notices to inform competitors of hearings in which they are parties or named as witnesses will be posted on the ONB and sent by WhatsApp to the boats' registered WhatsApp mobile phone numbers by 10h00 on Monday 19 May 2024.

11. ORC Scoring

The ORC scoring system will be used.

12. Equipment and measurement checks

A boat and equipment may be inspected at any time for compliance with the Rules and Regulations in the Notice of Race.

13. Safety

A boat may use her engine to reverse solely for the purpose of removing kelp or other debris from her keel or rudder. This shall be declared to the Race Secretary upon finishing.

14. Contacts

Kerry Pryde (Race Secretary) 064 652 6316, sailadmin@rcyc.co.za
Sailing Office False Bay Yacht Club (FBYC) 021 786 1703, sailing@fbyc.co.za

Annexure A – The Course

Starting in False Bay: Start, Cape Point (S), Landfall (S), Cape Point (P), Finish.

Starting in Table Bay: Start, Cape Point (P), Roman Rock Lighthouse (S), Cape Point (S), Finish.

Buoy coordinates:

Landfall (Royal Cape Mark): approximately **33° 51.907' S 018° 25.463' E.**

Roman Rock Lighthouse (Simon's Bay Mark): approximately 34° 10.875' S, 018° 27.610' E.