



Round Robben Island Race

Sailing Instructions

Version 1

24 January 2026

Organising Authority: Royal Cape Yacht Club

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1. RULES

- 1.1 If due to poor visibility, the Race Committee is unable to identify boats starting or finishing, the race will be abandoned. This will be communicated to the fleet over VHF 06.

2. COMMUNICATION WITH COMPETITORS

- 2.1 On the water, the race committee will monitor and communicate with competitors on VHF 06 unless otherwise advised.

3. CHANGES TO SAILING INSTRUCTIONS

- Any change to the sailing instructions will be posted by 10h00 on 24 January 2026, except any change to the schedule of races will be posted by 17h00 23 January 2026.

4. SIGNALS MADE ASHORE

- Signals made ashore will be displayed from the RCYC flagpole

5. COURSES

- The course to be sailed and the side to which Robben Island shall be rounded will be published on the '**RCYC Racing Group**' WhatsApp Group.
(<https://chat.whatsapp.com/G9SixoBvpWXGKKAUb3nTgG>) by 11h00 on 24 January 2026.

6. MARKS

- 6.1 Should the start be in accordance with SI 7.1(b), the description of the starting/finish mark will be announced on VHF 06 and posted in the '**RCYC Racing Group**' WhatsApp group no later than 11h30 on 24 January 2026.

7. THE START

- 7.1 The starting line will either be: a) between the Bridge Hut mast displaying an orange flag and the course side of No 10. or b) between a Race Committee vessel displaying an orange flag and the course side of a nearby starting mark.
- 7.2 The approximate location of the start will be published on the '**RCYC Racing Group**' WhatsApp Group no later than 11h00 on 24 January 2026.
- 7.3 A boat that does not start within ten minutes after her starting signal will be scored Did Not Start without a hearing. This changes RRS 35, A5.1 and A5.2.
- 7.4 A boat that is late for a start may use her engine for propulsion between her preparatory signal and reaching the starting area, provided that she completes a **One-Turn Penalty** once she is no longer under power and before starting. This changes RRS 52.

8. TIME LIMITS

- 8.1 There is no time limit for the race.

9. THE FINISH

- 9.1 The finish line will either be: a) between the Bridge Hut mast displaying a blue flag and the course side of No 10. or b) between a Race Committee vessel

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displaying a blue flag and the course side of a nearby finish mark.

- 9.2 The approximate location of the finish will be published on the '**RCYC Racing Group**' WhatsApp Group no later than 11h00 on 25 January 2026.
- 9.3 Should the finish be in accordance with SI 9.1(a), the Bridge Hut will not be operational 5 hours after the race had started. Boats still racing are required to record their own finishing times along with GPS evidence of having crossed the finish line. This shall be sent to the Sailing Office as soon as possible after finishing.

10. HEARING REQUESTS

- 10.1 Hearing Request forms are available at reception in the RCYC foyer. Protests and requests for redress or reopening shall be handed in at, or emailed to, the Sailing Office or Club Reception.
- 10.2 The protest time limit for each class is 60 minutes after the last boat of that class has finished the last race of the day or the race committee signals no more racing today, whichever is the later. This time will be posted as soon as possible.
- 10.3 For the purpose of rule 63.5(d) the 'authority responsible' is a measurer appointed by the organizing authority or if not appointed, a measurer appointed by the protest committee.

11. SCORING

- 11.1 There will be no discard.

12. SAFETY REGULATIONS

- 12.1 [DP] A boat that retires from a race shall notify the race committee as soon as possible.
- 12.2 [DP] All boats shall keep clear of shipping and harbour craft at all times.
- 12.3 [DP] All boats shall keep a listening watch on VHF 14 whilst in the harbour area.
- 12.4 All competitors sailing Double Handed shall wear PFD's whilst Racing.

13. FURTHER INFORMATION

For further information please contact the RCYC Sailing Office at sailadmin@rcyc.co.za.