



2026 RCYC Double Handed Series

Sailing Instructions

Version 1

14 March 2026 to 07 November 2026

Organising Authority: Royal Cape Yacht Club

Note: This Notice of Race is only for the 2026 RCYC Double Handed Series

SAILING INSTRUCTIONS 2026



1. RULES

- 1.1 If due to poor visibility, the Race Committee is unable to identify boats starting or finishing, the race will be abandoned. This will be communicated to the fleet over VHF 06.

2. COMMUNICATION WITH COMPETITORS

- 2.1 On the water, the race committee will monitor and communicate with competitors on VHF 06 or via the '**Royal Cape DoubleHanders**' WhatsApp Group. (<https://chat.whatsapp.com/FS8FM3MDsVbG80fHn7sBzp>).

3. CHANGES TO SAILING INSTRUCTIONS

Any change to the sailing instructions will be posted before 11h00 on the day it will take effect, except that any change to the schedule of races will be posted by 17h00 on the day before it will take effect.

4. SIGNALS MADE ASHORE

Signals made ashore will be displayed from the RCYC flagpole

5. COURSES

The course to be sailed will be announced on VHF 06 at least 30 minutes prior to the start of the race and will be posted on the '**Royal Cape DoubleHanders**' WhatsApp Group.

6. MARKS

6.1 The marks for any course will be selected from the Fixed Buoys in Table Bay and temporary Laid Buoys, as well as Barker Rock and Robben Island. The approximate coordinates of these marks are shown in the RCYC Racing Marks chart in Addendum 1. If these coordinates are changed, this will be announced on VHF 06 and posted on the '**Royal Cape DoubleHanders WhatsApp Group**'.

6.2 The fixed buoys will be permanent metal Table Bay Buoys, and the temporary Laid Buoys will be orange cylindrical inflatable buoys.

6.2.1 However, should a fixed buoy be out of position or missing, it will be replaced with an orange cylindrical inflatable buoy.

6.3 If a mark is missing, is not visible in approximately the stated location or has not been replaced in accordance with SI 6.2.1, boats shall round the stated location. The race committee may require such boats to confirm this rounding with a GPX track where the recording interval is at most two seconds.

7. THE START

7.1 The starting line will be either:

- 7.1.1 Between the Bridge Hut mast displaying an orange flag and the course side of No 10, or
- 7.1.2 Between a staff displaying an orange flag on the signal vessel and the course side of the of the nearby buoy.

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The location of the Starting area will be communicated via the '**Royal Cape DoubleHanders**' WhatsApp Group at least 30 minutes before the Starting Signal.

7.2 [DP] Boats whose warning signal has not been made shall avoid the starting area during the starting sequence for other races.

7.3 A boat that does not start within ten minutes after her starting signal will be scored Did Not Start without a hearing. This changes RRS 35, A5.1 and A5.2.

7.4 A boat that is late for a start may use her engine for propulsion between her preparatory signal and reaching the starting area, provided that she completes a **One-Turn Penalty** once she is no longer under power and before starting. This changes RRS 52.

8. SHORTENING THE COURSE

In addition to the provisions of RRS 32, the race committee may also signal a shortened course by displaying Flag F with repeated sounds from an official boat stationed close by a rounding mark. On this signal boats shall leave the mark on the required side and proceed directly to the finishing line.

The race committee will use VHF 06 to assist in communicating the change. Failure to receive a broadcast shall not be grounds for a request for redress. This changes RRS 61.1(a).

9. TIME LIMITS

9.1 The race time limit is 5 hours after the start for each class.

10. THE FINISH

10.1 The finishing line will be either:

10.1.1 Between the Bridge Hut mast displaying a blue flag and the course side of No 10, or

10.1.2 Between a staff displaying an blue flag on the signal vessel and the course side of the of the nearby buoy, or

10.1.3 Between a mark and a position 50m from that mark in a direction as indicated by the course card.

10.2 The Bridge Hut will not be operational after 17h00. Boats still racing are required to record their own finishing times along with GPS evidence of having crossed the finish line. This shall be sent to the Sailing Office as soon as possible after finishing.

10.3 If the finish line is in accordance with SI 10.1.3, boats shall record their own finishing times along with GPS evidence of having crossed the finish line. This shall be sent to the Sailing Office as soon as possible after finishing.

11. HEARING REQUESTS

11.1 Hearing Request forms are available at reception in the RCYC foyer. Protests and requests for redress or reopening shall be handed in at, or emailed to, the Sailing Office or Club Reception.

11.2 The protest time limit for each class is 90 minutes after the last boat of that class has finished the last race of the day or the race committee signals no more racing today, whichever is the later. This time will be posted as soon as possible.

11.3 A date will be set, and the parties will be notified of hearings via email or

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WhatsApp within 48 hours.

- 11.4 For the purpose of rule 63.5(d) the 'authority responsible' is a measurer appointed by the organizing authority or if not appointed, a measurer appointed by the protest committee.

12. SCORING

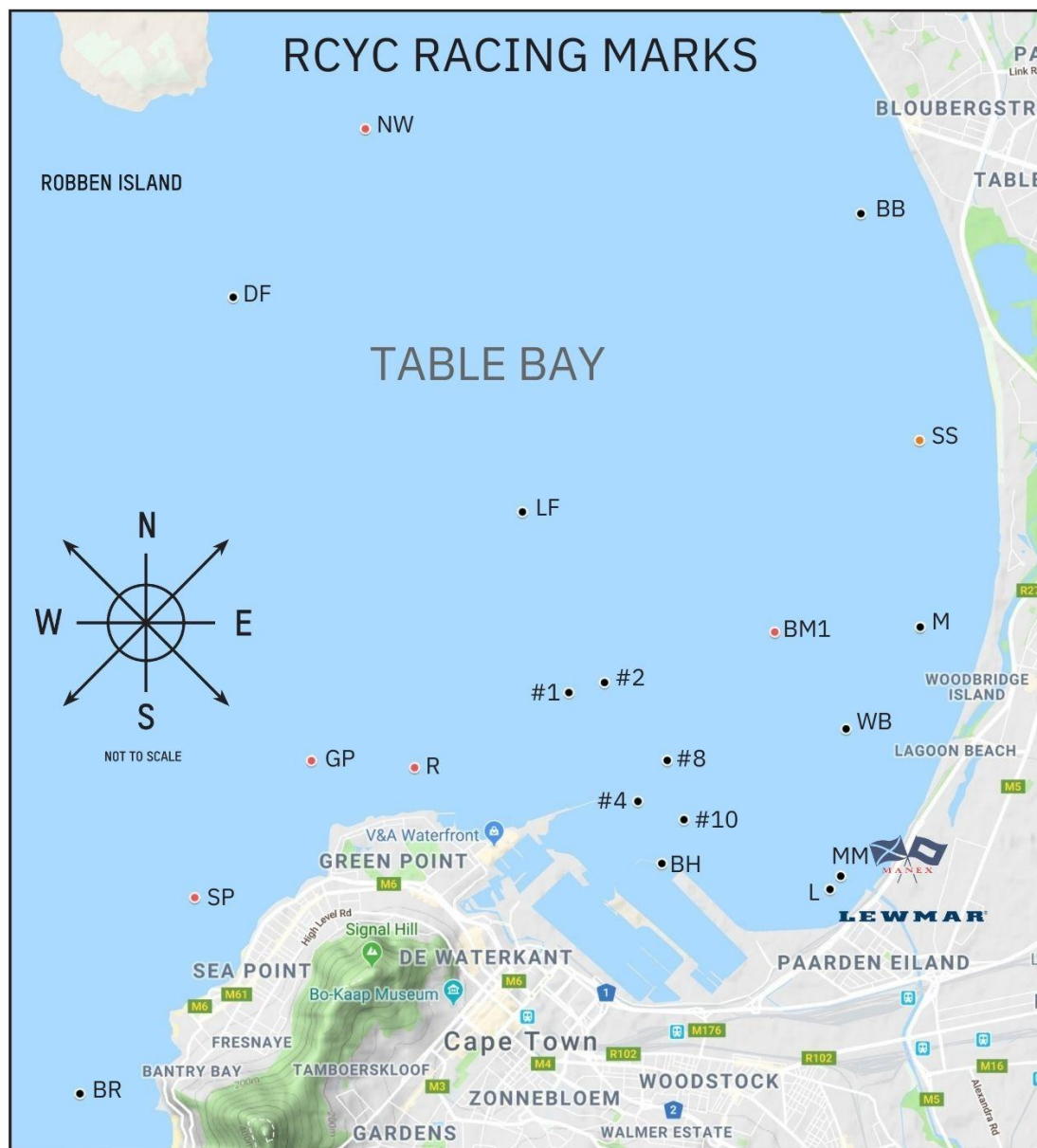
- 12.1 When fewer than five races have been completed, a boat's series score will be the total of her race scores. When five races have been completed, a boat's series score will be the total of her race scores excluding her worst score.
- 12.2 One-Design classes having more than 5 entries may be scored as a class.

13. SAFETY REGULATIONS

- 13.1 [DP] A boat that retires from a race shall notify the race committee as soon as possible.
- 13.2 [DP] All boats shall keep clear of shipping and harbour craft at all times.
- 13.3 [DP] All boats shall keep a listening watch on VHF 14 whilst in the harbour area.
- 13.4 All competitors shall wear PFD's whilst racing.

14. FURTHER INFORMATION

For further information please contact the RCYC Sailing Office at sailadmin@rcyc.co.za.

SAILING INSTRUCTIONS 2026**ADDENDUM 1**

FIXED BUOYS			
KEY	NAME	LATITUDE	LONGITUDE
#1	NUMBER 1	33° 53.131'S	018° 25.842'E
#2	NUMBER 2	33° 53.064'S	018° 26.131'E
#4	NUMBER 4	33° 53.869'S	018° 26.405'E
#8	NUMBER 8	33° 53.591'S	018° 26.643'E
#10	NUMBER 10	33° 53.992'S	018° 26.781'E
BB	BLOUBERG	33° 49.883'S	018° 28.225'E
DF	DAEYANG FAMILY	33° 50.450'S	018° 23.100'E
LF	LANDFALL	33° 51.907'S	018° 25.463'E
L	LEWMAR	33° 54.465'S	018° 27.973'E
MM	MANEX	33° 54.348'S	018° 28.054'E
M	MILNERTON	33° 52.686'S	018° 28.709'E
WB	WOODBIDGE	33° 53.378'S	018° 28.104'E
OTHER			
KEY	NAME	LATITUDE	LONGITUDE
BR	BARKER ROCK	33° 55.850'S	018° 21.850'E
BH	BRIDGE HUT	33° 54.290'S	018° 26.600'E
RI	ROBBEN ISLAND		

LAID BUOYS			
KEY	NAME	LATITUDE	LONGITUDE
BM1	BAY MARK 1	33° 52.720'S	018° 27.522'E
GP	GREEN POINT	33° 53.594'S	018° 23.740'E
NW	NORTH WEST	33° 49.307'S	018° 24.180'E
R	RADISSON	33° 53.641'S	018° 24.581'E
SP	SEA POINT POOL	33° 54.520'S	018° 22.787'E
SS	SUNSET	33° 51.422'S	018° 28.703'E



All coordinates are based on WGS84